

Megan Titcomb CD(DONA), HBCE

Phone: (651) 398-0817

Email: [Send an Email](#)

Area Served: St. Paul, Minneapolis & Surrounding Communities

Training/Certification: DONA International Certified Birth Doula and a Certified HypnoBirthing Practitioner.

I have been happily married to my wonderful husband Trey for 7 years. We have two children, a 5 year old boy and a 2 1/2 year old girl. I am a stay-at-home mom, doula & childbirth educator. I have the pleasure of spending my days nurturing my own children and supporting new parents on their own journey into parenthood.

The births of my children were the two most amazing things I've experienced but they were very different from one another. I didn't have the pleasure of working with a doula until my second pregnancy. My doula gave me the information, support and confidence that I needed to have the birth experience that I truly wanted. I planned and succeeded in having an unmedicated water birth and it transformed my life. I learned things about me that I never knew, namely how strong, focused and determined I can be. I know now that I can do anything that I put my mind to. This life altering experience is what prompted me to become a doula. I am passionate about helping other woman find their inner strength, a lifelong gift that will make them even more amazing mothers.